

3M

Prevena™
Incision Therapy

**Your doctor has chosen
3M™ Prevena™ Therapy
for management of your
surgical incision**



Your doctor has selected the 3M™ Prevena™ Therapy System to help protect your incision by:



Helping hold incision edges together

+



Providing protection from outside sources of infection

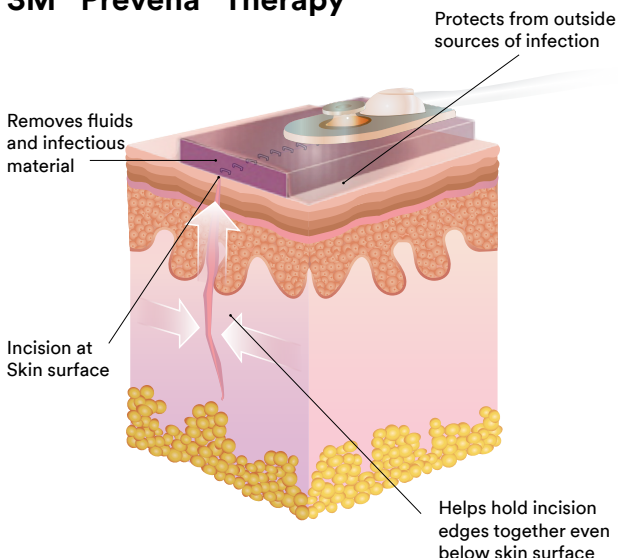


Removing fluid from the incision site

Protecting your incision is important to your recovery

- An **incision** is a cut through the skin and tissue of the body that is made during surgery and then closed using products such as surgical stitches, staples or a combination of these methods.
- Incisions heal at the skin surface as well as below.
- Taking care of your incision is a key step that may impact both your recovery time and your quality of life.

3M™ Prevena™ Therapy



FAQs

How long do I keep 3M™ Prevena™ Therapy on my incision?

- Wear the system for as long as your doctor has ordered. The therapy unit will turn off automatically at 7 days.

Will my 3M™ Prevena™ Dressing need to be changed?

- The dressing is not typically changed. Follow your doctor's instructions.

What happens if my 3M™ Prevena™ Therapy System alarms?

- The therapy unit has alarms that you can see and hear to alert you of a potential issue such as a low battery or air leak. In most cases the issue is easily resolved.

Refer to the 3M™ Prevena™ Therapy Patient Guide or call **800-275-4524** if you have questions.

Where do I get more information?

- Your Prevena Therapy Patient Guide has more complete safety information and details on how to use your Prevena Therapy.

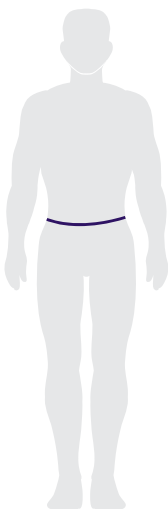
You may visit **prevena4patients.com** to obtain more information on Prevena Therapy.

- For answers to more questions, call **800-275-4524** to speak with a Prevena Therapy specialist.
- Contact your doctor with any medical questions. In the case of an emergency, call your local medical resource (i.e. 911).

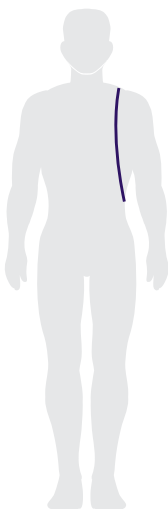
How to wear your 3M™ Prevena™ Therapy Unit

This portable unit should **always** be kept on for the time your doctor has instructed. For sleeping and showering, follow the instructions listed in this brochure. The unit can be worn under your clothing and includes a carrying case with adjustable straps you can use multiple ways.

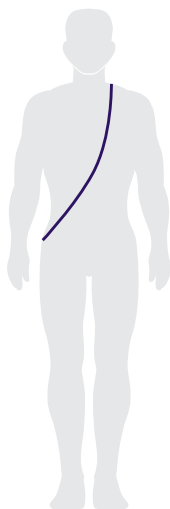
At the hip



Over the shoulder



Across your body



3M™ Prevena™ 125
Therapy Unit and
carrying case

What is 3M™ Prevena™ Therapy?

Prevena Therapy is a portable, disposable system, which uses negative pressure (like a vacuum) to protect your incision. Meet Your 3M™ Prevena™ Therapy System.

You will be provided after surgery with the 3M™ Prevena™ Plus Peel and Place Management System or the 3M™ Prevena™ Plus Therapy System. Both therapy systems work similarly with just a few differences.

Your System includes:

- A therapy unit that provides negative pressure to the dressing.
- A dressing with a water resistant cover that is placed over your incision.
- A connection tube.
- A canister where incision fluid is collected.
- A battery charger (The 3M™ Prevena™ Plus Therapy Unit has a rechargeable battery).
- A carrying case with adjustable straps.



Note: The 3M™ Prevena™ Therapy System is not indicated for use in children.

Note: The 3M™ Prevena™ Therapy System can be used on different incision types. Your incision size and location may vary from what is shown in the above image.

Caring for your 3M™ Prevena™ 125 Therapy Unit and 3M™ Prevena™ Plus 125 Therapy Unit

3M™ Prevena™ Plus 125 Therapy Unit

System:

Keep your therapy unit in a safe place where:

- Tubing will not become kinked or pinched.
- It cannot be pulled off a table or dropped onto the floor.



Showering:

If cleared by your doctor, a quick, light shower is ok. Keep the therapy unit away from direct water spray. **Do not submerge dressing in water. Before showering, disconnect the dressing from the therapy unit.**

1. Hold the ON/OFF button down until therapy stops.
 2. If applicable, close the clamp located on the connection tubing.
 3. Disconnect the tubing from the therapy unit.
- When towel drying, be careful not to disrupt the dressing.

See 3M™ Prevena Plus™ Therapy Patient Guide for additional details.

Batteries:

- This therapy unit has a rechargeable battery and comes with a charger.
- Bring your charger with you if you are gone for extended periods of time.
- For convenience, consider charging your therapy unit battery while you are sleeping.

3M™ Prevena™ 125 Therapy Unit

System:

Keep your therapy unit in a safe place where:

- Tubing will not become kinked or pinched.
- It cannot be pulled off a table dropped onto the floor.



Showering:

If cleared by your doctor, a quick, light shower is ok. Keep the therapy unit away from direct water spray.

Do not submerge dressing in water.

- When towel drying, be careful not to disrupt the dressing.

See 3M™ Prevena™ Therapy Patient Guide for additional details.

Batteries:

- This therapy unit comes with three AA size batteries and cannot be recharged.
- It is recommended that you keep extra batteries on hand. If the batteries run out, consult your Prevena™ Therapy Patient Guide on how to replace the batteries.

Your 3M™ Prevena™ Dressing

Do not attempt to remove or peek under the dressing while therapy is being applied.

3M™ Prevena™ Therapy System specialists are here to support you.

Call 800-275-4524 with questions or to speak to a clinician trained on your Prevena Therapy System.

Visit prevena4patients.com for a copy of the 3M™ Prevena™ Therapy patient guide.

Important information for patients:

It is important that you discuss any potential benefits and risks of a specific therapy with your doctor to decide whether it is right for you. Please consult your treating medical professional regarding specific questions and important information related to your 3M™ Prevena™ Therapy indications, contraindications, warnings, precautions and operation. Rx only.

Note: Specific indications, contraindications, warnings, precautions and safety information exist for these products and therapies. Please consult a clinician and product instructions for use prior to application. Rx only.

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Phone 1-800-275-4524 (NPWT products)

1-800-228-3957

Web 3M.com/medical

Clinician discharge checklist

3M™ Prevena™ Dressing placed on: _____

Prevena Dressing to be removed on: _____

by: _____

- Confirm that the Prevena Dressing has a good seal.
- Determine if the incision is still draining and if extra canisters are needed.
- Identify the patient's 3M™ Prevena™ 125 Therapy Unit or 3M™ Prevena™ Plus 125 Therapy Unit and corresponding canister.



#PRE1095

3M™ Prevena™
125 Therapy Unit



#PRE4095

3M™ Prevena™ Plus
125 Therapy Unit

Review the power supply:

- The Prevena 125 Therapy Unit runs on batteries.
- The Prevena Plus 125 Therapy Unit has a rechargeable battery that will typically last - 9 hours on a charge.

Send the patient home with:

- Extra canisters
- 3M™ Prevena™ Therapy Patient Guide
- Power cord (Prevena Plus 125 Therapy Unit only)
- 3M™ Prevena™ Patch Strips/extra drape

Review patient resources

Support: **800-275-4524** or **prevena4patients.com**

Notes: _____
